



## Designing Your Career Vision

*Adapted from:* Burnett, B. & Evans, D. (2016). *Designing your life: How to build a well-lived, joyful life*. New York: Alfred A. Knopf, a division of Penguin Random House LLC.

Your **career vision** is simply a statement or picture of what you want your future to look like. This exercise can help you develop your own career vision by clarifying your future goals and values and understanding how **who you are** and **what you believe** relates to **what you are doing**.

Take a quick moment to assess where you are in the future planning process:

- Are you uncertain about the **path you are on** or **what path to take**?
- Do you have a sense of how your **personal values** and **career values** may be related?
- Is your **vision for your future** feeling murky or is it crystal clear?

**Dysfunctional Belief:** I should know where I'm going!

**Reframe:** *I won't always know where I'm going – but I can always know whether I'm going in the right direction.*

### Workview Reflection:

**Use the space below to reflect on these questions:** Why work? What role do work and career have in your life? What defines “good” or “worthwhile” work to YOU? What do you value in a work environment?

### Lifeview Reflection:

**Use the space below to reflect on these questions:** What makes life meaningful to you? What about the role of social responsibility? Family? Core values? What do you prioritize the most?



**In what ways do your work and lifeview complement each other? How do they clash? Does one drive the other one and how?**

Using pictures, words, or phrases, use the below space to depict your Career Vision. This is not just a job description, but rather a compass to connect the dots between **who you are, what you believe, and what you are doing.**

**Considerations:** Geography? What experiences or learning do you want to gain? What will life look like? What types of fields are roles do you see yourself in? What does success look like to you? How do your **strengths, competencies, values, interest, and personality fit in?**

**My Career Vision**

**Next Steps:**

- What is one action that can you take in the next semester to bring you closer to your career vision? Create a plan to do it.
- What potential career opportunities best align with your career vision? Use O\*NET, complete CHOMP, or schedule an individual Career Planning appointment to learn more.
- Where can you learn more about your career vision? Who can you ask? Conduct an informational interview to learn more.
- What are some competencies or strengths you can build upon to bring you closer to your career vision? List some related experiences you can engage in or classes you can take.